



## HEALTH PLANS

**VNS Health Total (HMO D-SNP)**

**VNS Health EasyCare Plus (HMO D-SNP)**



# 2025

**Over-the-Counter (OTC)  
and Grocery Catalog**

**Catálogo de Productos Médicos de  
Venta Libre de Comestibles (OTC)**

**非處方保健產品  
(OTC) 和雜貨福利目錄**

[vnshealthplans.org](https://vnshealthplans.org)





# 2025 Over-the-Counter (OTC) and Grocery Overview

**VNS Health Total (HMO D-SNP)**  
**VNS Health EasyCare Plus (HMO D-SNP)**

## Questions?

**To check your card balance, call**

1-833-684-8472 (TTY: 711) 24 hours a day

Or go to [mybenefitscenter.com](https://mybenefitscenter.com)

**For questions about your OTC order, call our partner Convey at:**

1-855-858-5937 (TTY: 711)

Monday – Friday, 8 am – 11 pm

Or go to [mybenefitscenter.com](https://mybenefitscenter.com) 24 hours a day

**For benefit questions, call your Care Team toll free:**

1-866-783-1444 (TTY: 711)

7 days a week, 8 am – 8 pm (Oct. – Mar.)

Weekdays, 8 am – 8 pm (Apr. – Sept.)

Or go to [vnshealthplans.org/account](https://vnshealthplans.org/account) 24 hours a day

# Get the most from your OTC and Grocery<sup>†</sup> Benefit!

As a VNS Health Total or VNS Health EasyCare Plus member, you get a Healthy Extras card to buy OTC and Grocery items you need every month. Your allowance amount is printed on the card carrier communication and will be automatically loaded onto your card. Balances left over at the end of the month will carry over.

This catalog includes important information about how to use your OTC and Grocery benefits. Please keep it handy, so you can refer to it when you need to buy OTC and Grocery items.

## Activating and Managing Your Healthy Extras Card



Before you use your card for the first time, you must activate it. Follow the instructions included on the sticker on the front of your card. As soon as it's activated, you can start shopping with your Healthy Extras card.

**To find out your current available balance**, you can call 1-833-684-8472 (TTY: 711) or visit [mybenefitscenter.com](http://mybenefitscenter.com) and log in with your Healthy Extras card number.

**If your order total exceeds your available balance**, you'll need to cover the additional amount. Your full benefit must be used before other forms of payment (such as credit cards) will be accepted. Your order total will be applied to the benefit period in which the order is received.

### For OTC Items



See the OTC product listing starting on **page 20** for a list of covered items. Please note that products are intended for personal use. For this reason, we don't allow returns or exchanges. See the next page for ordering information.

Note that certain allergy pills, allergy eye drops, and smoking cessation products are covered through your pharmacy benefit. Ask your doctor to send a prescription to your pharmacy for those medications.

### For Grocery Items



See **page 14** for a list of eligible grocery items. For a list of participating stores and bodegas where you can purchase grocery items, visit [mybenefitscenter.com](http://mybenefitscenter.com). See **page 4** for meal and produce delivery options.

Eligibility for Special Supplemental Benefits for the Chronically Ill (SSBCI) is required for use of the grocery benefit.<sup>†</sup> Not all members qualify. Ask your Care Manager if you are eligible.

# Placing Your OTC Order

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- **Online ordering** To place an order online, go to [mybenefitscenter.com](https://mybenefitscenter.com). Log in by using your card number. Select the items you want and place the order.



- **Phone ordering** If you would like to place your order over the phone, call our partner Convey at 1-855-858-5937 (TTY: 711), Monday – Friday from 8 am to 11 pm ET. Please have your item(s) number(s) ready when you call.



- **Order form**

- You may place your order by mailing in the order form (on page 43) to:  
OTC Servicing Center, P.O. Box 526266, Miami, FL 33152-9819.

- **OTC ordering questions?** If you need help, please call Convey's Order Fulfillment Center Monday – Friday from 8 am – 11 pm ET at 1-855-858-5937 (TTY: 711). Please call within 60 days of placing your order if:

- You have a question about the status/tracking of your order.
- You haven't received your order.
- You received a defective or damaged item.
- You have product questions.

- **This product list is subject to change.** We reserve the right to limit quantities of items if there is a market shortage. Quantities, sizes, and values may change depending on availability. For the most up-to-date listing of OTC products available, go to: [mybenefitscenter.com](https://mybenefitscenter.com).

- **Sales tax** will be applied to your order.

- For **delivery**, please allow 5 – 7 business days from the time your order is placed.



## Lost or stolen card?

Please call your Care Team immediately at 1-866-783-1444 (TTY: 711). We will cancel your card and send you a new one.

## Disclaimer

†Grocery and utility benefits are part of special supplemental benefits for the chronically ill and not all members qualify. Chronic illnesses include dementia, heart failure, lung disorders, stroke, diabetes, and other conditions. Eligibility for this benefit cannot be guaranteed based solely on your condition. All applicable eligibility requirements must be met before the benefit is provided. For details, please contact us.

# Additional Benefit Information

## Reimbursements

We encourage you to purchase OTC items at network retailers. But, if you must make an out-of-network purchase, you can request a reimbursement up to the benefit amount available at the time of purchase. The plan can only approve reimbursement for covered OTC items.

To request reimbursement, call us at the number below and follow these steps:

- Submit an original itemized receipt showing the items you purchased. The receipt must include the store where the purchase was made, the date of purchase, the specific name(s) of the product(s) purchased, and the price paid.
- Please include the following information when requesting a reimbursement:
  1. Your name and member ID number.
  2. The complete address where your reimbursement should be sent.
  3. Your phone number.

Submit reimbursement requests within 60 days of purchase to:

VNS Health  
 Health Plans – OTC Reimbursement  
 220 East 42nd St., New York, NY 10017  
 or fax to: 1-646-524-8338

Please allow up to 30 days to process your request and have a check mailed to you.



## Home Delivery of Meals and Fresh Produce

Use your card to arrange for home delivery of meals and fresh produce from these retailers.

Retailer's Name	What is the Service?	Telephone # Hours of Operation	Website
<b>Mom's Meals</b> 	Home delivery of health-specific meal boxes	1-877-347-3438 (TTY: 711), 7 am – 6 pm CT	MomsMeals.com
<b>SunMeadow<sup>®</sup>, GA foods</b> 	Home delivery of health-specific meal boxes	1-866-575-2772 (TTY: 711), 8 am – 8 pm ET	sunmeadow.com

## Questions?

Check your online account anytime at [vnshealthplans.org/account](https://vnshealthplans.org/account) or call your Care Team at 1-866-783-1444 (TTY: 711), 7 days a week, 8 am – 8 pm (Oct. – Mar.), and weekdays, 8 am – 8 pm (Apr. – Sept.).

# iAproveche al máximo su beneficio de OTC y comestibles<sup>†</sup>!

Como miembro de VNS Health Total o VNS Health EasyCare Plus, obtiene una tarjeta de Healthy Extras (Suplementos Adicionales) para comprar los artículos de venta libre (OTC) y comestibles todos los meses. El monto de su asignación figura en la información de su portatarjetas y se cargará automáticamente en su tarjeta. Los saldos remanentes al finalizar el mes se acumulan para el mes siguiente.

Este catálogo incluye información importante sobre cómo usar los beneficios de artículos de OTC y comestibles. Téngalo a mano para que pueda consultarlo cuando necesite comprar artículos de OTC y comestibles.

## Activación y administración de su tarjeta de Healthy Extras



Antes de usar su tarjeta por primera vez, debe activarla. Siga las instrucciones que figuran en la etiqueta que está en el frente de su tarjeta. En cuanto la haya activado, podrá comenzar a comprar con su tarjeta Healthy Extras.

**Para conocer su saldo actual disponible**, puede llamar al 1 833 684 8472 (TTY: 711) o visitar [mybenefitscenter.com](http://mybenefitscenter.com) e iniciar sesión con su número de tarjeta de Healthy Extras.

**Si el monto total de su pedido excede su saldo disponible**, deberá pagar el monto adicional. Debe usar todo el monto de su beneficio antes de que se acepten otras formas de pago (como tarjetas de crédito). El monto total se aplicará al período de beneficios en el que se recibe el pedido.

### Para artículos de OTC



Consulte la lista de artículos de OTC que comienza en la **página 20** para obtener una lista de los artículos cubiertos. Tenga en cuenta lo siguiente: los productos están destinados al uso personal. Por esta razón, no aceptamos devoluciones ni cambios. Consulte la siguiente página para ver la información sobre pedidos.

Tenga en cuenta que ciertas pastillas para la alergia, gotas oculares para la alergia y productos para dejar de fumar están cubiertos a través de su beneficio de farmacia. Pídale a su médico que envíe una receta a su farmacia para esos medicamentos.

### Para artículos comestibles



Consulte la **página 16** para obtener una lista de los artículos comestibles elegibles. Para obtener una lista de las tiendas y bodegas participantes donde se pueden comprar los artículos comestibles, visite [mybenefitscenter.com](http://mybenefitscenter.com). Consulte la **página 7** para ver las opciones de entrega de comida y productos.

Las personas con enfermedades crónicas (SSBCI) deben ser elegibles para recibir los Beneficios suplementarios especiales para el uso del beneficio de comestibles.<sup>†</sup> No todos los miembros califican. Pregúntele a su administrador de atención si usted es elegible.

# Realice su pedido de OTC



- **Pedidos en línea:** para realizar un pedido en línea, visite [mybenefitscenter.com](http://mybenefitscenter.com). Inicie sesión con el número de su tarjeta. Seleccione los artículos que desea comprar y haga el pedido.



- **Pedidos por teléfono:** si desea realizar su pedido por teléfono, llame a nuestro socio Convey al 1-855-858-5937 (TTY: 711), lunes – viernes, 8 am – 11 pm, hora del este. Tenga a mano los números de los artículos cuando llame.



- **Formulario de pedidos**

- o Puede hacer su pedido mediante el envío por correo del formulario de pedidos (página 43) a esta dirección: OTC Servicing Center, P.O. Box 526266, Miami, FL 33152-9819.

- **¿Tiene preguntas sobre los pedidos de artículos de OTC?** Si necesita ayuda, llame al Centro de Cumplimiento de Pedidos de Convey, lunes - viernes, 8 am - 11 pm, hora del este, al 1-855-858-5937 (TTY: 711). Llame dentro de los 60 días posteriores a la realización de su pedido si ocurre lo siguiente:

- o Tiene una pregunta sobre el estado/seguimiento de su pedido.
- o No ha recibido su pedido.
- o Ha recibido un artículo defectuoso o dañado.
- o Tiene preguntas sobre el producto.

- **Esta lista de productos está sujeta a cambios.** Nos reservamos el derecho de limitar las cantidades de artículos si hay escasez en el mercado. Las cantidades, tamaños y valores pueden cambiar según su disponibilidad. Para obtener la lista más actualizada de productos de OTC disponibles, visite: [mybenefitscenter.com](http://mybenefitscenter.com).

- Se aplicará un **impuesto sobre ventas** a su pedido.

- Para la **entrega**, deberá esperar entre 5 y 7 días hábiles desde el momento en que hizo su pedido.

## ¿Tarjeta perdida o robada?

Llame a su Equipo de atención inmediatamente al 1-866-783-1444 (TTY: 711). Cancelaremos su tarjeta y le enviaremos una nueva.



## Exención de responsabilidad

† Los beneficios de comestibles y servicios públicos son parte de los beneficios suplementarios especiales para las personas con enfermedades crónicas y no todos los miembros califican. Entre las enfermedades crónicas se incluyen la demencia, la insuficiencia cardíaca, los trastornos pulmonares, los accidentes cerebrovasculares, la diabetes y otras afecciones. La elegibilidad para este beneficio no puede garantizarse basándose solamente en su afección. Todos los requisitos de elegibilidad aplicables deben cumplirse antes de que se proporcione el beneficio. Para más detalles, contáctenos.

# Información adicional del beneficio

## Reembolsos

Le recomendamos que compre artículos de OTC en tiendas minoristas de la red. Pero, si debe hacer una compra fuera de la red, puede solicitar un reembolso hasta el monto del beneficio disponible al momento de la compra. El plan solo puede aprobar el reembolso de los artículos de OTC.

Para solicitar un reembolso, llámenos al siguiente número y siga los siguientes pasos:

- Envíe el recibo original desglosado que indique los artículos que compró. El recibo debe incluir la tienda donde se realizó la compra, la fecha de compra, el nombre específico de los productos que se compraron y el precio que se pagó.
- Incluya la siguiente información cuando solicite un reembolso:
  1. Su nombre y número de identificación del miembro.
  2. La dirección completa a la que se debería enviar su reembolso.
  3. Su número de teléfono.

Debe entregar las solicitudes de reembolso dentro de los 60 días de haber realizado la compra a esta dirección:

VNS Health  
Health Plans – OTC Reimbursement  
220 East 42nd St., New York, NY 10017  
O por fax: 1-646-524-8338

Espere hasta 30 días para que procesemos su solicitud y podamos enviarle un cheque por correo.



## Entrega a domicilio de comidas y productos frescos

Utilice su tarjeta para coordinar la entrega a domicilio de comidas y productos frescos de estas tiendas minoristas.

Nombre de la tienda minorista	¿Qué servicio ofrece?	N.º de teléfono Horario de atención	Página web
<b>Mom's Meals</b> 	Entrega a domicilio de cajas de comida específica para la salud	1-877-347-3438 (TTY: 711), 7 am – 6 pm, hora central	MomsMeals.com
<b>SunMeadow<sup>®</sup>, GA foods</b> 	Entrega a domicilio de cajas de comida específica para la salud	1-866-575-2772 (TTY: 711), 8 am – 8 pm, hora estándar del este	sunmeadow.com

## ¿Tiene preguntas?

Revise su cuenta en línea en cualquier momento en [vnshealthplans.org/account](https://vnshealthplans.org/account) o llame a su Equipo de atención al 1-866-783-1444 (TTY: 711), 7 días de la semana, 8 am – 8 pm (oct. – mar.), y los días laborables, de 8 am – 8 pm (abr. – set.).

# 從您的 OTC 和食品雜貨<sup>†</sup> 福利中獲得最大收益！

作為 VNS Health 富康醫療 Total (HMO D-SNP) 或 VNS Health 富康醫療 EasyCare Plus 會員，您將獲得一張 Healthy Extras（額外健康福利）卡，可用於購買您每月所需的非處方 (OTC) 商品和食品雜貨。您的津貼金額印在發卡機構的通訊資訊上，並將自動存入您的卡上。月底剩下的餘額不可結轉。

本 OTC 和雜貨目錄包含有關如何使用 OTC 和雜貨福利的重要資訊。請將其放在方便拿取的位置，以便您在需要購買 OTC 商品和食品雜貨時可以參考。

## 啟用和管理您的 Healthy Extras（額外健康福利）卡



在首次使用您的卡之前。您必須啟用它。按照印在卡片正面的貼紙上的說明。啟用後，您就可以使用您的 Healthy Extras（額外健康福利）卡開始購物。

如需瞭解您當前的可用餘額，您可以致電 1-833-684-8472 (TTY: 711) 或流覽 [mybenefitscenter.com](http://mybenefitscenter.com) 並使用您的 Healthy Extras（額外健康福利）卡號登入。

如果您的訂單總額超過您的可用餘額，您將要支付額外的金額。您必須先使用全部福利，然後才能接受其他付款方式（例如信用卡）。您的訂單總額將適用於收到訂單的福利期間。

### 對於 OTC 商品



請參閱從**第 20 頁**開始的 OTC 清單以瞭解涵蓋的產品清單。請注意，產品僅供個人使用因此，我們不允許退貨或換貨。如需訂購資訊，請參閱下一頁。

請注意，某些抗過敏藥、抗過敏眼藥水和戒菸產品包含在您的藥品福利範圍內。請您的醫生將這些藥物的處方寄送到您的藥房。

### 對於雜貨商品



請參閱**第 18 頁**以瞭解符合資格的食品雜貨商品清單。如需購買食品雜貨的參與商店和雜貨店的清單，請瀏覽 [mybenefitscenter.com](http://mybenefitscenter.com)。請參閱**第 10 頁**瞭解膳食和農產品送貨選項。

使用雜貨福利需要符合慢性病的特殊補充福利 (SSBCI) 資格。

<sup>†</sup> 並非所有會員都符合條件。請詢問您的護理管理人

您是否符合資格

# 下 OTC 訂單



- **線上訂購** 如欲在線上下單，請瀏覽 [mybenefitscenter.com](http://mybenefitscenter.com)。使用您的卡號 登入。選擇您想要的商品並下單。



- **透過電話訂購** 如果您想透過電話訂購，請聯絡我們的合作夥伴 Convey，電話：1-855-858-5937 (TTY:711)，美國東部時間週一至週五上午 8 點至晚上 11 點。請在致電時準備好您的商品編號。



## • 訂購單

- 您可以透過將訂購單（第 43 頁）郵寄至以下地址來下單：  
OTC Servicing Center, P.O. Box 526266, Miami, FL 33152-9819。

- **是否有 OTC 訂購問題？** 如果您需要幫助，請致電 Convey 的訂單履行中心 電話：1-855-858-5937 (TTY: 711)，美國東部時間週一至週五上午 8 點至晚上 11 點。請致電以解決以下情況；請在下單後 60 天內致電：

- 您對訂單的狀態/追蹤有疑問。
- 您尚未收到訂購的商品。
- 您收到的商品有缺陷或損壞。
- 您有產品問題。

- **本產品清單可能會發生變化。** 如果市場短缺，我們保留限制商品 數量的權利。數量、大小和價值可能會因供貨情況 而異。如欲獲得可用 OTC 產品的最新清單，請瀏覽：  
[mybenefitscenter.com](http://mybenefitscenter.com)。

- **銷售稅** 將適用於您的訂單。

- 針對**送貨時間**，請在下單後預留 5 – 7 個工作日。



## 卡丟失或被盜？

請立即致電 1-866-783-1444 (TTY: 711) 聯絡您的護理團隊。我們將取消您的 卡並寄給您一張新卡。

## 免責聲明

+ 食品雜貨和家用能源福利是慢性病患者特殊補充福利的一部分，並非所有會員均符合資格。慢性疾病包括失智症、心臟衰竭、肺部疾病、中風、糖尿病和其他疾病。僅根據您的病情無法保證 您是否有資格享受此福利。在提供福利之前必須 滿足所有適用的資格要求。詳情請聯絡我們。

# 其他福利資訊

## 報銷

我們鼓勵您在網絡零售店購買 OTC 商品。但是，如果您必須進行 網絡外購買，您可以申請報銷，最高可達 購買時可用的福利金額。本計劃僅可核准承保 OTC 商品 的報銷。

如要報銷，請打以下電話聯絡我們並按照以下步驟：

- 提交顯示您所購商品的原始明細收據。收據必須 包含購買的商店、購買日期、所購買產品的具體 名稱以及支付的價格。
- 在申請報銷時，請提供以下資訊：
  1. 您的姓名和會員 ID 號。
  2. 您的償付應寄往的完整地址。
  3. 您的電話號碼。

在購買後 60 天內提交報銷申請，並應寄送至以下地址：

VNS Health  
Health Plans – OTC Reimbursement  
220 East 42nd St., New York, NY 10017  
或者傳送傳真至：1-646-524-8338

請預留最多 30 天以便處理您的申請，並將支票郵寄給您。



## 膳食和新鮮農產品送貨上門

使用您的卡片安排這些零售商將餐點和新鮮農產品送貨上門。

零售店名稱	服務是什麼？	電話號碼 營業時間	網站
<b>Mom's Meals</b> 	健康專用餐盒送貨上門	1-877-347-3438 (TTY: 711)， 上午 7 點至下午 6 點 (美國中部標準時間)	MomsMeals.com
<b>SunMeadow<sup>®</sup>, GA foods</b> 	健康專用餐盒送貨上門	1-866-575-2772 (TTY: 711)， 上午 8 點至下午 8 點 (美國東部標準時間)	sunmeadow.com

## 有疑問？

請隨時造訪 [vnshealthplans.org/account](https://vnshealthplans.org/account) 查看您的線上帳戶，或致電您的護理團隊：  
1-866-783-1444 (TTY: 711)，服務時間為每週七天，早上 8 點至晚上 8 點（10 月 - 3 月）；週一至週五，早上 8 點至晚上 8 點（4 月 - 9 月）。

# Table of Contents

---

<b>Eligible Grocery Items</b> .....	14
<b>Non-Eligible Grocery Items</b> .....	15
<b>Product Listing</b> .....	20
Allergy .....	20
Antacids & Acid Reducers .....	20
Anti-candidal (yeast) .....	21
Anti-diarrheal, Laxatives & Digestive Health .....	21
Anti-fungal .....	22
Bathroom Safety & Fall Prevention .....	22
Cold & Flu .....	23
Cold Sore & Medicated Lip Products .....	23
Dental & Denture Care .....	24
Diabetes Care .....	25
Diagnostics .....	26
Eye & Ear Care .....	27
First Aid .....	27
Foot Care .....	29
Hemorrhoidal Preparations .....	30
Home Aids .....	30
Incontinence Supplies .....	32
Motion Sickness .....	33
Nutritional Supplements .....	34
Pain Relief Aids .....	34
Pain Relievers & Fever Reducers .....	35
Pediculicide (Lice Treatment) .....	36
Skin & Sun Care .....	36
Sleep Aids .....	37
Supports & Braces .....	37
Vitamins & Minerals .....	39
Wart Remover .....	42
<b>Order Forms</b> .....	43

<b>Artículos comestibles elegibles</b> .....	16
<b>Artículos comestibles no elegibles</b> .....	17
<b>Lista de productos</b> .....	20
Alergias .....	20
Antiácidos y reductores de la acidez .....	20
Antimicóticos para la candida vaginal .....	21
Antidiarreicos, laxantes y salud digestiva .....	21
Antimicóticos .....	22
Seguridad en el baño y prevención de caídas .....	22
Resfriados y gripes .....	23
Herpes labial y productos medicinales para los labios .....	23
Cuidado dental y de dentaduras .....	24
Cuidado de la diabetes .....	25
Diagnósticos .....	26
Cuidado de la vista y auditivo .....	27
Primeros auxilios .....	27
Cuidado de los pies .....	29
Preparaciones para hemorroides .....	30
Ayudas para el hogar .....	30
Productos para la incontinencia .....	32
Cinetosis .....	33
Suplementos nutricionales .....	34
Ayudas para aliviar el dolor .....	34
Analgésicos y antipiréticos .....	35
Tratamiento para la pediculosis .....	36
Cuidado de la piel y protección solar .....	36
Ayudas para dormir .....	37
Soportes y dispositivos ortopédicos .....	37
Vitaminas y minerales .....	39
Removedor de verrugas .....	42
<b>Formularios de pedidos</b> .....	43

# 目錄

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符合資格的雜貨商品 .....	18
不符合資格的雜貨商品 .....	19
產品清單 .....	20
過敏 .....	20
抗酸藥和胃酸抑制劑 .....	20
抗念珠菌藥 (酵母) .....	21
止瀉藥、瀉藥和消化系統健康 .....	21
抗真菌藥 .....	22
浴室安全和跌倒預防 .....	22
感冒和流感 .....	23
感冒瘡和藥用唇部產品 .....	23
牙科和義齒護理 .....	24
糖尿病護理 .....	25
診斷 .....	26
眼部和耳部護理 .....	27
急救 .....	27
足部護理 .....	29
痔瘡製劑 .....	30
家庭輔具 .....	30
失禁用品 .....	32
暈動症 .....	33
營養補充劑 .....	34
止痛輔具 .....	34
止痛藥和退燒藥 .....	35
殺疥蟲藥 (虱蟲治療) .....	36
皮膚和防曬護理 .....	36
助眠 .....	37
護具和支架 .....	37
維生素和礦物質 .....	39
除疣用藥 .....	42
訂購單 .....	43

# Eligible Grocery Items

<p><b>Frozen Food</b></p>	<ul style="list-style-type: none"> <li>• <b>Fruits &amp; Vegetables</b></li> <li>• <b>Juices</b></li> <li>• <b>Meats</b></li> <li>• <b>Prepared Food</b> –Stews, Pizza, Heat &amp; Eat, Soy Burgers</li> <li>• <b>Seafood</b></li> </ul>
<p><b>Snacks &amp; Desserts</b></p>	<ul style="list-style-type: none"> <li>• <b>Nuts</b></li> <li>• <b>Seeds &amp; Trail Mix</b></li> </ul>
<p><b>Perishable Food</b></p>	<ul style="list-style-type: none"> <li>• <b>Dairy</b> – Milk, Butter, Sour Cream, Yogurt, Whipping Cream &amp; Flavorings</li> <li>• <b>Margarine</b></li> <li>• <b>Meats</b> – Poultry, Ground Beef, Beef</li> <li>• <b>Processed Meats</b> – Sausage, Jerky, Lunch Meat, Plant-Based Meat</li> <li>• <b>Produce</b> – Fruits &amp; Vegetables</li> <li>• <b>Seafood</b></li> <li>• <b>Soy, Nut Milks, Plant-Based Meat and Cheese</b></li> <li>• <b>Whole Eggs &amp; Egg Substitutes</b></li> <li>• <b>Yogurt</b></li> </ul>
<p><b>Non-Perishable Food</b></p>	<ul style="list-style-type: none"> <li>• <b>Breakfast Foods</b> – Toaster Pastries, Cereal Bars, Granola &amp; Granola Bars</li> <li>• <b>Canned/Jar Fruits and Vegetables</b> – Salsa &amp; Non-processed Beans, Soup, Canned Meat, Canned Seafood</li> <li>• <b>Cereal (Hot &amp; Cold)</b></li> <li>• <b>Dried Fruit</b></li> <li>• <b>Dry Beans</b></li> <li>• <b>Dry Pasta</b></li> <li>• <b>Fruit Snacks</b></li> <li>• <b>Herbs Spices &amp; Seasoning</b></li> <li>• <b>Oils &amp; Shortening</b></li> <li>• <b>Prepared Food</b> – Canned Stews, Heat &amp; Eat</li> <li>• <b>Pancakes &amp; Waffles</b></li> <li>• <b>Peanut Butter (and other nut butters)</b></li> <li>• <b>Rice &amp; Whole Grains</b></li> <li>• <b>Tomato/Spaghetti/Alfredo/Nutritionally Significant Sauce</b></li> </ul>
<p><b>Beverages</b></p>	<ul style="list-style-type: none"> <li>• <b>Bottled Waters</b></li> <li>• <b>Cocoa &amp; Hot Chocolate</b></li> <li>• <b>Coffee &amp; Tea</b> – Dry or Liquid</li> <li>• <b>Drinks &amp; Punches</b> – including Sparkling</li> <li>• <b>Dry and Liquid/Concentrated Drink Mixes</b></li> <li>• <b>Bottled water – Baby water</b></li> <li>• <b>Ice</b></li> <li>• <b>Juices</b> – including Sparkling</li> <li>• <b>Juice Blends</b></li> <li>• <b>Sparkling Water</b></li> <li>• <b>Sport Drinks</b> – Gatorade &amp; Others</li> </ul>

# Non-Eligible Grocery Items

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<p><b>Frozen Food</b></p>	<ul style="list-style-type: none"> <li>• <b>Appetizers</b></li> <li>• <b>French Fries</b></li> <li>• <b>Frozen Yogurt</b></li> <li>• <b>Ice Cream</b></li> <li>• <b>Other desserts/sweets</b></li> <li>• <b>Onion Rings</b></li> <li>• <b>Sherbet</b></li> </ul>
<p><b>Snacks &amp; Desserts</b></p>	<ul style="list-style-type: none"> <li>• <b>Cookies</b></li> <li>• <b>Crackers</b></li> <li>• <b>Salty Snacks</b></li> </ul>
<p><b>Perishable Food</b></p>	<ul style="list-style-type: none"> <li>• <b>Bakery</b> – Pies, Cakes, Muffins</li> <li>• <b>Bread, Rolls &amp; Tortillas</b></li> <li>• <b>Deli Processed &amp; Fried</b></li> <li>• <b>Lard</b></li> <li>• <b>Ready-to-eat Soups, Meals, Sandwiches</b></li> </ul>
<p><b>Non-Perishable Food</b></p>	<ul style="list-style-type: none"> <li>• <b>Baking/Cooking Supplies</b> – Baking Powder, Yeast etc.</li> <li>• <b>Bread/Biscuit Mixes</b></li> <li>• <b>Cake/Cookie Mixes</b> – Decorations, Marshmallows, Frosting, Chocolate Chips</li> <li>• <b>Condiments</b> – Sauces, Dips, Mayonnaise &amp; Salad Dressing</li> <li>• <b>Dry Mixes</b> – Side Dish Mixes, Dinner Mixes</li> <li>• <b>Flours</b> – Cornmeal, Nut &amp; Seed Flours</li> <li>• <b>Jams</b></li> <li>• <b>Jellies</b></li> <li>• <b>Puddings &amp; Gelatin</b></li> <li>• <b>Sugar</b> – White, Brown &amp; Powdered</li> <li>• <b>Sweet Spreads</b></li> <li>• <b>Syrup</b></li> </ul>
<p><b>Beverages</b></p>	<ul style="list-style-type: none"> <li>• <b>Beer</b></li> <li>• <b>Bottled Energy Drinks</b></li> <li>• <b>Liquor</b></li> <li>• <b>Soda</b></li> <li>• <b>Wine &amp; Wine Coolers</b></li> </ul>

# Artículos comestibles elegibles

<p><b>Alimentos congelados</b></p>	<ul style="list-style-type: none"> <li>• <b>Frutas y verduras</b></li> <li>• <b>Jugos</b></li> <li>• <b>Carnes</b></li> <li>• <b>Alimentos preparados:</b> estofados, pizza, alimentos saludables, hamburguesas de soja</li> <li>• <b>Mariscos</b></li> </ul>
<p><b>Bocadillos y postres</b></p>	<ul style="list-style-type: none"> <li>• <b>Nueces</b></li> <li>• <b>Mezcla de semillas y frutos secos</b></li> </ul>
<p><b>Alimentos perecederos</b></p>	<ul style="list-style-type: none"> <li>• <b>Productos lácteos:</b> leche, queso, mantequilla, crema agria y crema dulce</li> <li>• <b>Margarina</b></li> <li>• <b>Carnes:</b> aves de corral, carne molida, carne de res</li> <li>• <b>Carnes procesadas:</b> salchicha, tasajo, fiambre</li> <li>• <b>Productos agrícolas:</b> frutas y verduras</li> <li>• <b>Mariscos</b></li> <li>• <b>Leche de soja y leche de otros tipos de nueces</b></li> <li>• <b>Huevos enteros y sustitutos del huevo</b></li> <li>• <b>Yogur</b></li> </ul>
<p><b>Alimentos no perecederos</b></p>	<ul style="list-style-type: none"> <li>• <b>Alimentos de desayuno:</b> pasteles tostados, barras de cereal, granola y barras de granola</li> <li>• <b>Frutas y verduras enlatadas/enfrascadas:</b> salsas y frijoles no procesados, sopa, carne enlatada, mariscos enlatados</li> <li>• <b>Cereales (calientes y fríos)</b></li> <li>• <b>Frutas disecadas</b></li> <li>• <b>Frijoles secos</b></li> <li>• <b>Pasta seca</b></li> <li>• <b>Bocadillos con frutas</b></li> <li>• <b>Especias y condimentos de hierbas</b></li> <li>• <b>Aceites y materia grasa</b></li> <li>• <b>Alimentos preparados:</b> estofados enlatados, alimentos listos para calentar y comer</li> <li>• <b>Panqueques y waffles</b></li> <li>• <b>Mantequilla de maní (y otras mantequillas de nueces)</b></li> <li>• <b>Arroz y granos integrales</b></li> <li>• <b>Salsa de tomate, salsa para espaguetis, salsa Alfredo, salsa muy nutritiva</b></li> </ul>
<p><b>Bebidas</b></p>	<ul style="list-style-type: none"> <li>• <b>Aguas en botella</b></li> <li>• <b>Cacao</b></li> <li>• <b>Té y café:</b> en polvo o líquido</li> <li>• <b>Tragos y ponches:</b> incluidas bebidas con gas</li> <li>• <b>Mezclas para bebidas en polvo y líquidas/concentradas</b></li> <li>• <b>Aguas enriquecidas</b></li> <li>• <b>Hielo</b></li> <li>• <b>Jugos:</b> incluidas bebidas con gas</li> <li>• <b>Mezclas de jugos</b></li> <li>• <b>Agua con gas</b></li> <li>• <b>Bebidas deportivas:</b> Gatorade y otras</li> </ul>

# Artículos comestibles no elegibles

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<b>Alimentos congelados</b>	<ul style="list-style-type: none"><li>• <b>Aperitivos</b></li><li>• <b>Papas fritas</b></li><li>• <b>Yogur helado</b></li><li>• <b>Helado</b></li><li>• <b>Otros postres/golosinas</b></li><li>• <b>Anillos de cebolla</b></li><li>• <b>Sorbetes</b></li></ul>
<b>Bocadillos y postres</b>	<ul style="list-style-type: none"><li>• <b>Galletas</b></li><li>• <b>Galletas saladas</b></li><li>• <b>Bocadillos salados</b></li></ul>
<b>Alimentos perecederos</b>	<ul style="list-style-type: none"><li>• <b>Pastelería:</b> tartas, tortas, panecillos</li><li>• <b>Pan, bollos y tortillas</b></li><li>• <b>Charcutería procesada y frita</b></li><li>• <b>Grasa</b></li><li>• <b>Sopas, comidas, sándwiches listos para comer</b></li></ul>
<b>Alimentos no perecederos</b>	<ul style="list-style-type: none"><li>• <b>Productos para hornear/cocinar:</b> polvo para hornear, levadura, etc.</li><li>• <b>Panes/panecillos surtidos</b></li><li>• <b>Tortas/galletas surtidas:</b> decoraciones, malvaviscos, glaseado, chips de chocolate</li><li>• <b>Condimentos:</b> salsas, dips, mayonesa y aderezo</li><li>• <b>Surtidos secos:</b> guarniciones surtidas, cenas surtidas</li><li>• <b>Harinas:</b> harina de maíz, harina de nuez y harina de semillas</li><li>• <b>Mermeladas</b></li><li>• <b>Jaleas</b></li><li>• <b>Budines y gelatina</b></li><li>• <b>Azúcar:</b> rubia, negra y glas</li><li>• <b>Dulces para untar</b></li><li>• <b>Jarabe</b></li></ul>
<b>Bebidas</b>	<ul style="list-style-type: none"><li>• <b>Cerveza</b></li><li>• <b>Bebidas energéticas en botella</b></li><li>• <b>Licores</b></li><li>• <b>Refrescos</b></li><li>• <b>Vinos y enfriadores de botella</b></li></ul>

# 符合資格的雜貨商品

<p>冷凍食品</p>	<ul style="list-style-type: none"> <li>• 果蔬</li> <li>• 果汁</li> <li>• 肉類</li> <li>• 預製食品—燉品、比薩餅、健康與飲食、豆製品漢堡</li> <li>• 海鮮類</li> </ul>
<p>零食和甜點</p>	<ul style="list-style-type: none"> <li>• 堅果</li> <li>• 種籽和什錦雜果</li> </ul>
<p>易腐食品</p>	<ul style="list-style-type: none"> <li>• 乳製品 - 牛奶、乳酪、黃油、優酪乳油和淡奶油</li> <li>• 人造黃油</li> <li>• 肉類 - 禽肉、碎牛肉、牛肉</li> <li>• 肉類加工品 - 香腸、肉感、午餐肉</li> <li>• 農產品 - 果蔬</li> <li>• 海鮮類</li> <li>• 大豆和其他堅果奶</li> <li>• 全蛋和蛋類替代品</li> <li>• 優酪乳</li> </ul>
<p>非易腐食品</p>	<ul style="list-style-type: none"> <li>• 早餐食品 - 麵包機用糕點、穀物棒、格蘭諾拉麥片和格蘭諾拉麥片棒</li> <li>• 罐頭/罐裝果蔬 - 沙拉醬和未處理的豆類、湯、罐裝肉、罐裝海鮮</li> <li>• 谷類（熱和冷）</li> <li>• 乾果</li> <li>• 乾豆</li> <li>• 乾麵條</li> <li>• 水果零食</li> <li>• 草藥、香料和調味品</li> <li>• 油和起酥油</li> <li>• 預製食品 - 罐頭燉品、加熱食品</li> <li>• 煎餅和華夫餅</li> <li>• 花生醬（和其他堅果醬），</li> <li>• 大米和全穀物</li> <li>• 番茄/義大利麵/奶油乳酪醬/營養豐富的醬料</li> </ul>
<p>飲料</p>	<ul style="list-style-type: none"> <li>• 瓶裝水</li> <li>• 可哥</li> <li>• 咖啡和茶 - 乾料或液體</li> <li>• 飲品和潘趣酒 - 包括起泡飲料</li> <li>• 乾料和液體/濃縮飲料混合劑</li> <li>• 強化水</li> <li>• 冰</li> <li>• 果汁 - 包括起泡飲料</li> <li>• 混合果汁</li> <li>• 氣泡水</li> <li>• 運動飲料 - Gatorade 及其他</li> </ul>

# 不符合資格的雜貨商品

冷凍食品	<ul style="list-style-type: none"><li>• 開胃菜</li><li>• 炸薯條</li><li>• 冷凍優酪乳</li><li>• 冰淇淋</li><li>• 其他甜點/甜食</li><li>• 洋蔥圈</li><li>• 果子露</li></ul>
零食和甜點	<ul style="list-style-type: none"><li>• 曲奇餅</li><li>• 鹹餅乾</li><li>• 鹹味零食</li></ul>
易腐食品	<ul style="list-style-type: none"><li>• 麵包店 – 餡餅、蛋糕、鬆餅</li><li>• 麵包、卷餅和玉米餅</li><li>• 熟食加工和油炸</li><li>• 豬油</li><li>• 即食湯、餐點、三明治</li></ul>
非易腐食品	<ul style="list-style-type: none"><li>• 烘焙/烹飪用具 – 發酵粉、酵母等</li><li>• 麵包/餅乾混搭</li><li>• 蛋糕/曲奇餅混搭 – 裝飾、棉花糖、糖霜、巧克力片</li><li>• 調味品 – 醬料、蘸料、蛋黃醬和沙拉醬</li><li>• 乾料混搭 – 配菜混搭、晚餐混搭</li><li>• 麵粉 – 玉米麵、堅果和種子粉</li><li>• 果醬</li><li>• 果凍</li><li>• 布丁和明膠</li><li>• 糖 – 白糖、紅糖和糖粉</li><li>• 甜醬</li><li>• 糖漿</li></ul>
飲料	<ul style="list-style-type: none"><li>• 啤酒</li><li>• 瓶裝能量飲料</li><li>• 酒類</li><li>• 蘇打水</li><li>• 葡萄酒和冷酒器</li></ul>

# Product Listing

Item #	Product Name	Packaging	Strength	Price
<b>Allergy</b>				
1927	Benadryl Allergy Liqui-Gels Dye-Free	24 ct	25 mg	\$12.00
1008	Chlorpheniramine Maleate Antihistamine (Allergy Tablets)	100 ct	4 mg	\$8.75
1009	Diphenhydramine Antihistamine (Allergy Tablets)	24 ct	25 mg	\$6.50
1308	Diphenhydramine Antihistamine (Allergy Tablets)	100 ct	25 mg	\$11.75
2021	Diphenhydramine Antihistamine (Allergy Tablets)	400 ct	25 mg	\$16.50
1946	Fluticasone Propionate (Allergy Nasal Spray, 24-Hour)	144 sprays	50 mcg	\$26.25
1881	Nasacort	60 sprays		\$26.25
1922	Nasal Decongestant Inhaler - Levmetamfetamine	0.007 oz	50 mg	\$8.75
1091	Nasal Decongestant Spray, 12-Hour	1 oz	0.05%	\$7.50
1052	Nasal Spray, Saline	1.5 oz	0.65%	\$7.25
<b>Antacids &amp; Acid Reducers</b>				
1313	Alka-Seltzer	36 ct		\$12.00
1006	Antacid / Anti-Gas Liquid	12 oz		\$9.50
1346	Antacid Chewable	150 ct	500 mg	\$9.25
1314	Effervescent Antacid & Pain Relief	36 ct		\$7.75
1949	Esomeprazole Magnesium (Acid Reducer, Delayed Release) *	42 ct	20 mg	\$25.25
1108	Famotidine (Acid Reducer)	30 ct	10 mg	\$10.00
1970	Omeprazole (Acid Reducer, Delayed Release)*	42 ct	20 mg	\$28.50
1966	Omeprazole (Acid Reducer, Delayed Release, Dissolvable)*	42 ct	20 mg	\$27.50
2053	Prilosec*	42 ct	20 mg	\$36.25
1800	Simethicone (Gas Relief)	100 ct	80 mg	\$8.75
2019	TUMS Ultra Strength	72 ct	1,000 mg	\$11.00

# Product Listing

## Anti-candidal (yeast)

2428	AZO Complete Feminine Balance Probiotic	30 ct		\$35.00
2427	AZO Yeast Plus Dual-Relief	60 ct		\$15.00
1115	Clotrimazole (Vaginal Anti-fungal 7-Day Cream with Applicator)	45 gm	1%	\$11.50
1117	Miconazole (Vaginal Anti-fungal 3-Day Cream with Applicator)	1 ct	2%	\$19.25
1119	Tioconazole (Vaginal Anti-fungal 1-Day Cream with Applicator)	1 ct	6.5%	\$20.75

## Anti-diarrheal, Laxatives & Digestive Health

1316	Beano	30 ct		\$9.75
1128	Bisacodyl (Stimulant Laxative, Enteric Coated)	100 ct	5 mg	\$8.50
1969	ClearLax Unflavored Powder Laxative	8.3 oz	17 g	\$17.00
1126	Docusate Sodium (Stool Softener)	100 ct	100 mg	\$10.50
1130	Docusate Sodium plus Sennosides (Natural Vegetable Laxative)	60 ct	8.6 mg / 50 mg	\$9.25
1733	Enema	4.5 oz		\$7.25
1124	Ex-Lax	24 ct	15 mg	\$24.00
1155	Fiber Tablets ‡	60 ct	500 mg	\$13.25
2429	Florajen Triple Action Probiotic	30 ct		\$35.00
1125	Glycerin Suppository Laxative	25 ct	2 gm	\$7.75
2387	Hydralyte Electrolyte Rapid Rehydration Orange Powder Stick Pouch	20 ct		\$26.25
2200	Imodium Multi-Symptom Relief Caplets*	12 ct	2 mg	\$12.25
1067	Lactase Capsules	60 ct	3,000 FCC Units	\$13.25
1133	Loperamide HCL (Anti-Diarrheal Tablets)*	12 ct	2 mg	\$7.75
1889	Magnesium Citrate (Saline Laxative, Lemon)	10 oz		\$6.75
1011	Milk of Magnesia	12 oz	1,200 mg	\$7.50
2213	Oral Probiotic	50 ct	250 mg	\$27.50
1317	Pepto-Bismol Cherry	12 oz	525 mg / 30 ml	\$12.00
1045	Pink Bismuth Chewable Tablets	30 ct	262 mg	\$7.75
1318	Pink Bismuth Liquid	8 oz	525 mg / 30 ml	\$7.75

# Product Listing

Anti-fungal				
1047	Clotrimazole (Athlete's Foot Cream)	1.5 oz	1%	\$12.50
1135	Miconazole Nitrate (Anti-fungal Cream)	1 oz	2%	\$9.75
1874	Miconazole Nitrate (Athlete's Foot Spray)	4.6 oz	2%	\$11.50
2305	Nail Restore Fungal Formula	0.34 oz		\$22.75
1046	Terbinafine HCL (Athlete's Foot Cream)	0.5 oz	1%	\$12.50
1064	Tolnaftate (Anti-fungal Cream)	1.25 oz	1%	\$9.25

Bathroom Safety & Fall Prevention				
1764	Adjustable Transfer Bench	1 ct		\$85.25
2306	Antimicrobial Suction Cup Grab Bar, Chrome, 12"	1 ct		\$20.75
2307	Antimicrobial Suction Cup Grab Bar, Chrome, 16"	1 ct		\$23.75
1728	Bath Bench with Back	1 ct		\$71.25
1727	Bath Bench without Back	1 ct		\$60.25
1459	Bath Mat, Non-Skid	1 ct		\$18.50
2310	Bath Seat Cushion	1 ct		\$27.25
1730	Bath Tub Safety Rail	1 ct		\$43.50
2009	Bed Assist Bar	1 ct		\$60.25
1464	Bed Rails	1 ct		\$63.75
2309	Chair Shower Transport	1 ct		\$125.25
2006	Fall Mat	1 ct		\$165.50
2007	Handheld Shower Head	1 ct		\$27.50
1798	Knurled Chrome Grab Bar - 12"	1 ct		\$23.75
1797	Knurled Chrome Grab Bar - 24"	1 ct		\$24.75
2005	Knurled Chrome Grab Bar - 32"	1 ct		\$39.50
1983	Nightlight	2 ct		\$16.50
1729	Raised Toilet Seat	1 ct		\$38.25
1950	Raised Toilet Seat with Arms	1 ct		\$71.25
1780	Safety Treads, Tub & Stair	1 ct		\$11.00
1460	Shower Mat, Non-Skid	1 ct		\$19.25
1779	Toilet Safety Rails	1 ct		\$50.25
2308	Toilet Seat Cushion Vinyl	1 ct		\$19.00
2008	Treaded Slipper Socks, One Size Fits Most	1 pair		\$9.25

# Product Listing

Cold & Flu				
1360	Cepacol Sore Throat Lozenges	16 ct	7.5%, 5 mg	\$8.75
1166	Cough & Cold for High Blood Pressure	16 ct	4 mg / 30 mg	\$9.00
1056	Cough Drops, Cherry	30 ct	5.8 mg	\$3.25
1833	Cough Drops, Honey Lemon	30 ct	7.5 mg	\$3.25
1834	Cough Drops, Menthol	30 ct	5.4 mg	\$3.25
1054	Cough Syrup, Expectorant	4 oz	200 mg / 10 ml	\$7.75
1323	Diabetic Tussin DM	4 oz	20 mg / 200 mg	\$11.25
1180	Guaifenesin (Cough Expectorant)	100 ct	200 mg	\$11.00
2063	Mucinex	20 ct	600 mg	\$19.75
2514	Mucinex DM 12-Hr Expectorant & Cough Suppressant Tablets	20 ct	600mg/30mg	\$27.50
1178	Mucus Relief DM Expectorant & Cough Suppressant (Guaifenesin 400 mg / Dextromethorphan HBr 20 mg)	30 ct	400 mg / 20 mg	\$11.00
1965	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release	14 ct	1,200 mg / 60 mg	\$16.50
1357	Multi-Symptom Cold Formula	24 ct	10 mg / 5 mg / 325 mg	\$10.50
1931	Nasal Rinse Kit, Saline	1 ct		\$19.75
1792	Personal Steam Inhaler	1 ct		\$59.75
1352	Phenylephrine HCL (Nasal Decongestant PE)	36 ct	10 mg	\$9.00
1176	Sore Throat Lozenges, Cherry	18 ct		\$6.50
1904	Sore Throat Spray, Cherry	6 oz	1.4%	\$7.75
2400	Steam Inhaler w/ Facial Mask	1 ct		\$55.00
2061	Tylenol Cold & Flu	24 ct		\$13.25
1164	Vapor Rub	4.0 oz	4.8% / 1.2%	\$9.25
Cold Sore & Medicated Lip Products				
1152	Abreva	2 gm	10%	\$26.25
1256	Blistex Lip Ointment	6 gm		\$5.50
1255	Carmex	7.5 gm		\$4.50
1153	Herpecin-L Lip Balm	0.1 oz	1%	\$9.75
1359	Releev Cold Sore Treatment	6 ml	0.13%	\$24.75

# Product Listing

Dental & Denture Care				
1077	Antiseptic Mouthwash	16 oz		\$7.25
2312	Antiseptic Rinse	250 ml		\$6.00
1817	Biotene Dry Mouth Oral Rinse	16 oz		\$14.25
1818	Dry Mouth Spray	1.5 oz		\$12.50
1749	Dental Travel Kit	1 ct		\$13.25
1747	Denture Brush	1 ct		\$6.50
1032	Denture Cleaning Tablets	40 ct		\$7.75
1653	Efferdent Plus Mint Tablets	44 ct		\$9.75
1843	Effergrip Denture Cream Adhesive	2.5 oz		\$9.75
1745	Fingertip Tooth & Gum Massager	1 ct		\$9.75
1187	Fixodent	0.75 oz		\$5.50
1751	Interdental Flossups	90 ct		\$6.00
1748	Interdental Gum Brushes	10 ct		\$7.00
2313	Listerine Anticavity Fluoride Mouthwash	1 L		\$12.25
2311	Listerine Original	1 L		\$10.25
1454	Orajel Pain Relief	0.25 oz	20%	\$12.00
2161	Oral B Replacement Brush Heads	3 ct		\$37.25
1750	Oral Care System Kit	1 ct		\$14.50
1286	Oral Pain Relief	0.5 oz	20%	\$9.00
1324	Polident Denture Cream	3.9 oz		\$9.75
1892	Polident Overnight	84 ct		\$13.25
1901	Reach Waxed Dental Floss - Cinnamon	55 yd		\$4.50
1455	Reach Waxed Dental Floss - Mint	55 yd		\$4.50
1902	Reach Waxed Dental Floss - Unflavored	55 yd		\$4.50
1451	Replacement Brush Head	2 ct		\$31.00
2038	Sea-Bond Denture Adhesive Wafers, Lower	15 ct		\$8.75
2039	Sea-Bond Denture Adhesive Wafers, Upper	15 ct		\$8.75
1746	Tongue Cleaner	1 ct		\$6.50
2015	Toothbrush, Battery Powered	1 ct		\$22.00
1830	Toothbrush, Colgate, Adult Medium	1 ct		\$3.50

# Product Listing

1413	Toothbrush, Colgate, Adult Soft	1 ct	\$4.00
1894	Toothbrush, Professional Care Electronic	1 ct	\$85.75
1450	Toothbrush, Rechargeable	1 ct	\$46.50
1948	Toothbrush, Soft 2-pack	2 ct	\$7.75
1412	Toothbrush, Tek Pro, Angled Soft	1 ct	\$4.00
1831	Toothpaste, Colgate	4 oz	\$6.50
1838	Toothpaste, Crest Sensi-Relief	4.1 oz	\$9.75
1914	Toothpaste, Fluoride	6.4 oz	\$6.75
1414	Toothpaste, Pepsodent	5.5 oz	\$5.50
1903	Toothpaste, Sensitive Teeth	4.3 oz	\$6.50
1716	Toothpaste, Ultrabrite Advanced Whitening	6 oz	\$6.50
1744	Water Jet	1 ct	\$49.25
1743	Water Jet Replacement Tips	5 ct	\$18.50
2503	Waxed Dental Floss, Cinnamon	100 yd	\$5.00
2502	Waxed Dental Floss, Mint	100 yd	\$5.00
2504	Waxed Dental Floss, Unflavored	100 yd	\$5.00

## Diabetes Care

2047	Daily Diabetes Health Pack Vitamins ‡	30 ct	\$31.00
1839	Diabetic Skin Relief Foot Cream	3.4 oz	\$15.25
1956	Diabetic Socks, Black, Medium 3-pack	3 pair	\$11.75
1957	Diabetic Socks, Black, Large 3-pack	3 pair	\$11.75
1958	Diabetic Socks, Black, X-Large 3-pack	3 pair	\$11.75
1953	Diabetic Socks, White, Medium 3-pack	3 pair	\$11.75
1954	Diabetic Socks, White, Large 3-pack	3 pair	\$11.75
1955	Diabetic Socks, White, X-Large 3-pack	3 pair	\$11.75
2315	Glucose Gummies Mixed Fruit Flavor	60 ct	\$10.00
1997	Glucose Tablets	50 ct	\$8.75
1959	Ultra Soft Padded Diabetic Sock, Black, Medium 2-pack	2 pair	\$12.00
1960	Ultra Soft Padded Diabetic Sock, Black, Large 2-pack	2 pair	\$12.00
1961	Ultra Soft Padded Diabetic Sock, Black, X-Large 2-pack	2 pair	\$12.00

# Product Listing

1962	Ultra Soft Padded Diabetic Sock, White, Medium 2-pack	2 pair		\$12.00
1963	Ultra Soft Padded Diabetic Sock, White, Large 2-pack	2 pair		\$12.00
1964	Ultra Soft Padded Diabetic Sock, White, X-Large 2-pack	2 pair		\$12.00
2314	Vivi Cap Insulin Temperature Shield	1 ct		\$126.00
2320	Zero Sugar Biotin ‡	60 ct	5000 mcg	\$14.75
2316	Zero Sugar Diabetic Multivitamin ‡	60 ct		\$16.00
2317	Zero Sugar Probiotic	60 ct		\$16.75
2318	Zero Sugar Vitamin C ‡	60 ct		\$14.00
2319	Zero Sugar Vitamin D ‡	60 ct	125 mcg	\$14.00
<b>Diagnostics</b>				
2201	A1C Self Check Now ‡	1 ct		\$78.75
1982	Activity Tracker	1 ct		\$65.50
1935	Bathroom Scale ‡	1 ct		\$48.25
1981	Bathroom Scale, Talking ‡	1 ct		\$62.50
1253	Blood Pressure Monitor, Desktop Automatic ‡	1 ct		\$48.25
1503	Blood Pressure Monitor, Desktop Talking ‡	1 ct		\$58.50
1501	Blood Pressure Monitor, Wrist ‡	1 ct		\$38.25
1502	Blood Pressure Monitor, Wrist Talking ‡	1 ct		\$45.00
2163	Covid-19 At Home Test Kit ‡	2 ct		\$33.00
1504	Desktop Blood Pressure Monitor Replacement Cuff ‡	1 ct		\$19.75
1416	EZ Detect Colon Cancer Test Kit ‡	1 ct		\$18.50
1505	Finger Pulse Oximeter ‡	1 ct		\$45.50
1771	Heart Rate Monitor Watch ‡	1 ct		\$43.75
1789	Peak Flow Meter ‡	1 ct		\$21.25
1752	Thermometer Probe Covers	30 ct		\$4.50
1063	Thermometer, Digital 60 seconds	1 ct		\$10.50
1285	Thermometer, Digital Ear	1 ct		\$37.75
1697	Thermometer, Flexible Tip, Digital 9 seconds	1 ct		\$14.25
1925	Thermometer, Talking Ear and Forehead	1 ct		\$49.25
2323	Vivi Epi Pen Temperature Shield	1 ea		\$157.00

# Product Listing

Eye & Ear Care				
1192	Artificial Tears Drops	0.5 oz		\$6.75
1194	Artificial Tears Ointment	3.5 gm		\$13.25
1196	Bausch + Lomb Eye Wash Solution	4 oz		\$9.25
1199	Clear Eyes Eye Drops	0.2 oz		\$6.50
1841	Ear Pain Relief Ear Drops	10 ml		\$14.25
1190	Ear Wax Removal Drops	15 ml	6.5%	\$7.75
1363	Ear Wax Removal System with Rubber Bulb	15 ml	6.5%	\$9.75
1516	Eye Patch	1 ct		\$9.75
1806	Irritation Relief Eye Drops	15 ml		\$11.00
2325	Lubricant Eye Gel	10 ml	0.4% / 0.3%	\$25.50
1468	Multi-Purpose Contact Lens Solution	12 oz		\$10.50
1807	Pataday Daily Release (Olopatidine)	5 ml	0.1%	\$22.00
1801	Pataday Daily Release (Olopatidine) Twin Pack	5 ml	0.2%	\$43.75
2324	Preservision AREDS 2 Vitamin & Mineral Supplement	90 ct		\$35.00
1061	Redness Relief Eye Drops	15 ml	0.05%	\$5.50
2326	Sterile Ultra Lubricant Eye Drops	0.5 oz		\$11.00
1905	Stye Eye Compress	1 ct		\$12.00
1906	Stye Eye Ointment	3.5 gm		\$12.50
1910	Swim-Ear Ear Drops	1 oz		\$8.25
First Aid				
1344	Adhesive Bandages	100 ct		\$7.75
1803	After Bite Relief	0.5 oz		\$11.00
1200	Alcohol Pads*	100 ct	70%	\$5.50
2004	Alcohol Pads*	200 ct	70%	\$7.75
1808	Antiseptic Skin Cleanser	8 oz		\$13.25
1201	Antiseptic Towelettes	100 ct		\$10.00
1020	Bacitracin Ointment	1 oz	500 u / gm	\$8.50
1142	Bactine Solution	4 oz		\$11.50
2054	Band-Aid Comfort-Flex Plastic	60 ct		\$9.25
1676	Band-Aid Johnson & Johnson Gauze Pad - 2" x 2"	25 ct		\$7.75

# Product Listing

2060	Benadryl Extra Strength Itch Stopping Cream	1 oz		\$9.75
1926	Burn Relief Spray	4.5 oz	0.5%	\$12.00
1144	Caldyphen Clear (Anti-Itch Lotion)	6 oz	1%	\$8.75
2042	Cast, Bandage and Wound Protector, Arm	2 ct		\$27.50
2043	Cast, Bandage and Wound Protector, Leg	2 ct		\$26.75
1223	Conforming Stretch Gauze Sterile Bandages - 3" x 4.1 yd	12 ct		\$9.75
1763	Cotton Balls	300 ct		\$5.00
1140	Diphenhydramine HCL / Zinc Acetate (Anti-Itch Cream)	1 oz		\$6.50
1207	Elastic Bandage - 2" x 4.5 yd	1 ct		\$7.75
1213	Elastic Bandage - 6" x 5 yd	1 ct		\$10.50
1947	First Aid Kit, 20 Pieces	1 ct		\$7.75
1215	First Aid Kit, 76 Pieces	1 ct		\$13.25
1738	First Aid Kit, 175 Pieces	1 ct		\$19.00
2055	Gold Bond Medicated Body Powder	10 oz		\$12.00
1062	Hot/Cold Pack, 1 small & 1 large	2 ct		\$11.75
1074	Hydrocortisone 1% Cream	1 oz	1%	\$6.50
1228	Hydrogen Peroxide	16 oz	3%	\$6.25
1867	Insect Repellent Spray - DEET	2 oz	30%	\$9.25
1796	Insect Repellent Spray - DEET	4 oz	30%	\$13.25
1868	Insect Repellent Spray - DEET	8 oz	30%	\$18.00
1203	Iodine Solution Antiseptic	4 oz	10%	\$10.00
1713	Isopropyl Alcohol	16 oz	70%	\$6.50
1229	Isopropyl Alcohol, Wintergreen	16 oz	70%	\$6.50
1872	Liquid Bandage	0.61 oz		\$9.75
1326	Neosporin + Pain Relief	0.5 oz		\$11.00
1667	Nexcare Clear Waterproof Bandages, Assorted sizes	50 ct		\$9.25
2204	Nexcare DUO Bandages Assorted	40 ct		\$11.00
2328	Nitrile Gloves (Small)	100 ea		\$23.00
1840	Nitrile Gloves (Large)	100 ct		\$23.00

# Product Listing

2329	Nitrile Gloves (X-Large)	100 ea	\$23.00
2018	Petroleum Jelly	4 oz	\$7.75
1896	Procedural Face Masks with Earloops	50 ct	\$23.75
1217	Tape, Paper Surgical - 1" x 10 yd	1 ct	\$6.75
1219	Tape, Silk Surgical - 1" x 10 yd	1 ct	\$7.00
1221	Tape, Transparent Surgical - 1" x 10 yd	1 ct	\$6.00
1819	Tegaderm Transparent Dressing	8 ct	\$11.50
1014	Triple Antibiotic Ointment	1 oz	\$10.00
2057	Vaseline Petroleum Jelly	13 oz	\$8.75
2333	Vinyl Gloves (Small)	100 ct	\$17.50
2230	Vinyl Gloves (Large)	100 ct	\$17.50
2334	Vinyl Gloves (X-Large)	100 ct	\$17.50
<b>Foot Care</b>			
1784	Bunion Guard	1 ct	\$9.75
1238	Callus Remover Pads	6 ct	\$8.75
2506	Comfort Insoles - Size Small W(7.5-9) / M(5.5-7)	1 pair	\$16.50
2507	Comfort Insoles - Size Medium W(9.5-11) / M(7.5-9)	1 pair	\$16.50
2508	Comfort Insoles - Size Large W(11.5-13) / M(9.5-11)	1 pair	\$16.50
1236	Corn Remover Pads	9 ct	\$8.25
2335	Deodorant Foot Powder	6 oz	\$9.00
2388	Dr. Scholl's Float-On-Air Insole Mens	1 pair	\$20.75
2389	Dr. Scholl's Float-On-Air Insole Womens	1 pair	\$20.75
1785	Hammer Toe Crest	1 ct	\$12.00
2391	Kerasal Fungal Nail Renewal	0.33 oz	\$24.00
2390	Kerasal Intensive Foot Repair Ointment	0.33 oz	\$19.75
1786	Lamb's Wool Padding	1 ct	\$7.75
1240	Medicated Foot Powder	5 oz	\$10.00
1782	Moleskin Sheets Plus	4 ct	\$7.75
1788	Toe Protector, Small	1 ct	\$9.75
1787	Toe Protector, Large	1 ct	\$9.75
1783	Toe Separator	6 ct	\$8.75

# Product Listing

## Hemorrhoidal Preparations

1066	Hemorrhoidal Ointment	2 oz		\$11.25
1247	Hemorrhoidal Suppository	12 ct		\$9.00
1364	Pre-moist Hemorrhoid Pads	100 ct		\$9.75
1248	Preparation H Cream	26 gm		\$13.25
1895	Preparation H Medicated Wipes	48 ct		\$12.00
1098	Tucks Medicated Cooling Pads by Blistex	100 ct		\$15.00

## Home Aids

2336	Aluminum Reacher with Magnetic Tip Non-Folding 32"	1 ct		\$10.50
2046	Button and Zipper Pull Aid	1 ct		\$18.25
2341	Cordless Water Flosser	1 ct		\$33.00
2037	CPAP Mask Wipes	72 ct		\$13.75
1836	CPAP Pillow Fiber Filled	1 ct		\$65.75
1837	CPAP Pillow Memory Foam	1 ct		\$98.50
1732	Cushion, Foam Ring	1 ct		\$24.00
1731	Cushion, Lumbar	1 ct		\$26.25
2340	Deluxe Pedal Exerciser	1 ct		\$68.75
1515	Denture Case	1 ct		\$4.00
1753	Elastic Mattress Cover - 80" x 36" x 6"	1 ct		\$10.00
2346	Exercise Resistance Bands	5 ct		\$6.25
2417	Fabric Exercise Resistance Bands	3 ct		\$20.00
2353	Foam Bed Wedge	1 ct		\$43.50
2349	Foot Stool with Support Handle	1 ct		\$31.25
2130	Generic: Reading Glass Diopter +1.0	1 ct	1.0 diopter	\$14.50
2133	Generic: Reading Glass Diopter +1.25	1 ct	1.25 diopter	\$14.50
2136	Generic: Reading Glass Diopter +1.5	1 ct	1.50 diopter	\$14.50
2139	Generic: Reading Glass Diopter +1.75	1 ct	1.75 diopter	\$14.50
2142	Generic: Reading Glass Diopter +2.0	1 ct	2.00 diopter	\$14.50
2145	Generic: Reading Glass Diopter +2.25	1 ct	2.25 diopter	\$14.50
2148	Generic: Reading Glass Diopter +2.75	1 ct	2.75 diopter	\$14.50
2151	Generic: Reading Glass Diopter +3.0	1 ct	3.00 diopter	\$14.50
2154	Generic: Reading Glass Diopter +3.25	1 ct	3.25 diopter	\$14.50

# Product Listing

2157	Generic: Reading Glass Diopter +3.5	1 ct	3.50 diopter	\$14.50
2160	Generic: Reading Glass Diopter +4.0	1 ct	4.00 diopter	\$14.50
2347	Hand Exercise Strengtheners	1 pair		\$9.00
1431	Hearing Aid Batteries (Size 10)	8 ct		\$10.50
1430	Hearing Aid Batteries (Size 13)	8 ct		\$10.50
1429	Hearing Aid Batteries (Size 312)	8 ct		\$10.50
1795	Humidifier, Ultra-Sonic Cool Mist	1 ct		\$65.75
1936	Hypoallergenic Pillow	1 ct		\$58.00
2414	Hypoallergenic Side Sleeper Pillow	1 ct		\$40.00
2510	Hypoallergenic Side Sleeper Pillow Case	1 ct		\$20.00
2343	Jar Opener for Seniors	1 ct		\$8.75
1756	Kitchen Scale, Dial ‡	1 ct		\$10.00
2016	Kitchen Scale, Digital ‡	1 ct		\$27.50
2413	LED Magnifier	1 ct		\$10.00
2418	Leg Lifter	1 ct		\$10.00
2354	Massaging Foam Roller	1 ct		\$132.25
2214	Measuring Cup Scale ‡	1 ct		\$29.50
1875	Medical ID Bracelet - Blank	1 ct		\$19.25
1877	Medical ID Bracelet - Diabetic	1 ct		\$22.25
1876	Medical ID Bracelet - Heart	1 ct		\$22.25
2017	Medicine Bottle Opener with Magnifier	1 ct		\$11.00
1512	Night Guard (Boil and Bite Mouth Guard)	1 ct		\$27.50
2352	Ortho Wedge	1 ea		\$47.25
1513	Orthopedic Neck Pillows	1 ct		\$45.25
2415	Overdoor Shoulder Pulley Set	1 ct		\$25.00
1933	Pill Crusher with Storage	1 ct		\$11.00
1932	Pill Cutter with Safety Shield	1 ct		\$11.00
1514	Probing Cane - White	1 ct		\$23.00
2337	Reacher Suction Cup 22"	1 ct		\$15.00
2338	Reacher Suction Cup 33"	1 ct		\$15.25
2501	Sharps Container, 1 Quart	1 ct		\$8.00
2339	Shoe Horn No Bend 24"	1 ct		\$12.00

# Product Listing

2344	Stress Ball	3 ct	\$8.00
1934	Weekly AM/PM Pill Case	1 ct	\$12.00
1466	Wheelchair Cushion, Gel / Foam Seat	1 ct	\$38.25
2419	White Noise Machine	1 ct	\$25.00
2348	Wrist and Ankle Weights	1 ct	\$27.50
<b>Incontinence Supplies</b>			
1510	Adult Briefs, Small - 25" to 34" (Tabs)	24 ct	\$18.50
2026	Adult Briefs, Medium - 32" to 44" (Tabs)	24 ct	\$18.50
2027	Adult Briefs, Large - 44" to 58" (Tabs)	24 ct	\$23.75
2028	Adult Briefs, X-Large - 58" to 63" (Tabs)	20 ct	\$19.75
2219	Attends Bariatric 2X-Large Underwear	12 ct	\$27.50
1811	Attends Discreet Men's Guard	20 ct	\$15.25
1812	Attends Discreet Women's Maximum Bladder Control Pad	20 ct	\$22.00
1815	Attends Discreet Women's Panty Liner	28 ct	\$10.25
1814	Attends Discreet Women's Ultimate Bladder Control Pad	20 ct	\$25.25
1302	Barrier Cream	4 oz	\$9.75
1479	Bladder Control Shaped Pad, Heavy Absorbency	20 ct	\$19.50
1480	Bladder Control Shaped Pad, Maximum Absorbency	20 ct	\$19.50
2381	Discreet Men's Underwear, Small/Medium	20 ct	\$25.75
2382	Discreet Men's Underwear, Large/X-Large	18 ct	\$25.75
2383	Discreet Women's Underwear, Medium	20 ct	\$25.75
2385	Discreet Women's Underwear, Large	18 ct	\$25.75
2384	Discreet Women's Underwear, X-Large	16 ct	\$25.75
1021	Disposable Underwear, Medium - 34" to 44" (Pull-up)	20 ct	\$17.50
1026	Disposable Underwear, Large - 44" to 58" (Pull-up)	18 ct	\$17.50
1027	Disposable Underwear, X-Large - 58" to 68" (Pull-up)	14 ct	\$17.50
1928	Flushable Wipes	24 ct	\$8.75

# Product Listing

2000	Flushable Wipes	60 ct		\$13.25
2022	Hydrating Spray Cleanser	8 oz		\$9.25
1202	Lantiseptic Skin Protectant Ointment	4 oz	50%	\$13.25
1811	Men's Guard	20 ct		\$15.25
2380	Overnight Bladder Control Pads	30 ct		\$35.25
1508	Oxytrol	4 ct	3.9 mg / day	\$25.25
2022	Perineal Wash Rinse-Free	8 oz		\$9.25
1993	Premier Adult Briefs, Medium - 32" to 44" (Tabs)	14 ct		\$32.75
1994	Premier Adult Briefs, Large - 44" to 58" (Tabs)	12 ct		\$32.75
1995	Premier Adult Briefs, X-Large - 58" to 63" (Tabs)	10 ct		\$32.75
1990	Premier Disposable Underwear, Medium - 36" to 44" (Pull-up)	18 ct		\$32.75
1991	Premier Disposable Underwear, Large - 44" to 58" (Pull-up)	16 ct		\$32.75
1992	Premier Disposable Underwear, X-Large - 56" to 68" (Pull-up)	14 ct		\$32.75
1202	Skin Protectant Ointment	4 oz	75% / 20%	\$13.25
1477	Underpad, Disposable - 30" x 30"	10 ct		\$12.25
1996	Underpad, Extra Absorbent Air Permeable, 30" x 36"	5 ct		\$19.75
1812	Women's Maximum Bladder Control Pad	20 ct		\$22.00
1815	Women's Panty Liner	28 ct		\$10.25
1814	Women's Ultimate Bladder Control Pad	20 ct		\$25.25
2383	Women's Underwear, Medium	20 ct		\$25.75
2385	Women's Underwear, Large	18 ct		\$25.75
2384	Women's Underwear, X-Large	16 ct		\$25.75

## Motion Sickness

1264	Bonine Adult 8's	8 ct	25 mg	\$8.75
1263	Dimenhydrinate (Motion Sickness Tablets)	12 ct	50 mg	\$7.75
1366	Meclizine HCL (Motion Sickness Caplets)	100 ct	12.5 mg	\$9.75

# Product Listing

Nutritional Supplements				
2109	Beyond Fresh Amazing Shake	1.1 lb		\$33.25
2100	BOOST Nutritional Supplement: Chocolate Shake 8 oz each	24 ct		\$55.00
2101	BOOST Nutritional Supplement: Vanilla Shake 8 oz each	24 ct		\$55.00
2114	Bountiful Beets Extract	10.6 oz		\$19.75
2116	Country Farms Apple Cider Vinegar Gummy	60 ct		\$15.25
2115	Country Farms Super Shake (chocolate)	12.4 oz		\$23.75
2104	Glucerna: Chocolate Shake 8 oz each	6 ct		\$20.75
2102	Glucerna: Chocolate Shake 8 oz each	24 ct		\$66.25
2105	Glucerna: Vanilla Shake 8 oz each	6 ct		\$20.75
2103	Glucerna: Vanilla Shake 8 oz each	24 ct		\$66.25
2108	Keto Meal Shake - Chocolate	16 oz		\$25.25
2107	Keto Meal Shake - Vanilla	20 oz		\$29.00
Pain Relief Aids				
1809	Arthritis Hot Pain Relief Cream	3 oz	10%	\$7.75
2229	Arthritis Pain Relieving Gel 3.5 oz	3.5 oz	1%	\$18.50
1924	Aspercreme	1.25 oz		\$9.00
1944	Cold/Hot Menthol Medicated Patch	5 ct	5%	\$11.00
2355	Diclofenac Sodium Topical Gel	3.5 oz	1%	\$15.75
1980	Eagle Brand Medicated Oil	36 ml	14.5% / 30%	\$12.50
1845	Epsom Salt	4 lb		\$10.25
1846	Fast Freeze Pain Relief Spray	4 oz		\$14.75
2024	Heating Pad Digital, 12" x 15"*	1 ct		\$49.25
2412	Heating Pad for Neck & Shoulder, 15" x 18"*	1 ct		\$35.00
1943	Heating Pad Wrap For Shoulder, Neck, and Back, 25" x 26"*	1 ct		\$60.25
1861	Heating Pad, 12" x 15"*	1 ct		\$28.50
1942	Heating Pad, X-Large, 12" x 24"*	1 ct		\$38.25
1859	HeatWraps - Back & Hip	2 ct		\$12.00
1860	HeatWraps - Neck, Shoulder, & Wrist	3 ct		\$13.25
1761	Ice Bag - 9"	1 ct		\$12.75

# Product Listing

1871	Lidocaine Patch	5 ct	4%	\$14.25
1923	Menthol Gel	8 oz	2%	\$11.75
2509	Migraine Relief Cap	1 ct		\$15.00
1762	Pain Relief Mask	1 ct		\$11.75
1475	Pain Relieving Muscle Rub	2 oz	2.5%	\$7.75
2386	Salonpas Lidocaine Gel Patch	6 ct		\$17.50
1739	Salonpas Pain Relief Patches	6 ct		\$15.25
1912	Thermacare Lower Back & Hip	3 ct		\$16.50
1913	Thermacare Menstrual Relief	4 ct		\$16.50
2374	Tiger Balm	1 ct		\$9.00
1979	Tiger Balm Ultra Strength Ointment	0.63 oz	11%	\$11.00
1781	Warm or Cold Water Bottle, Rubber Latex	1 ct		\$13.25

## Pain Relievers & Fever Reducers

1423	Acetaminophen (Children's Pain Relief Chewable)	30 ct	80 mg	\$7.00
1105	Acetaminophen (Pain Reliever, Extra Strength)	50 ct	500 mg	\$7.00
2002	Acetaminophen (Pain Reliever, Extra Strength)	500 ct	500 mg	\$16.50
1001	Acetaminophen (Pain Reliever, Regular Strength)	100 ct	325 mg	\$8.00
2050	Advil	100 ct	200 mg	\$16.50
1104	Aleve	90 ct	220 mg	\$16.50
1311	Arthritis Pain Reliever	100 ct	650 mg	\$14.00
1095	Aspirin	100 ct	325 mg	\$7.25
1096	Aspirin, Enteric Coated	100 ct	325 mg	\$7.50
1002	Aspirin, Enteric Coated, Low Dose	120 ct	81 mg	\$7.75
1998	Aspirin, Enteric Coated, Low Dose	500 ct	81 mg	\$13.25
1802	Aspirin, Low Dose, Chewable	36 ct	81 mg	\$7.25
2426	AZO Urinary Pain Relief	24 ct	99.5 mg	\$15.00
1720	Bayer Back & Body Pain, Extra Strength	24 ct	500 mg / 32.5 mg	\$8.25
1367	Capsaicin (Pain Relief Cream)	2.1 oz	0.025%	\$12.50
2052	Excedrin Migraine	100 ct	250 mg / 250 mg / 65 mg	\$18.50

# Product Listing

1004	Ibuprofen (Pain Reliever / Fever Reducer)	100 ct	200 mg	\$10.50
2001	Ibuprofen (Pain Reliever / Fever Reducer)	500 ct	200 mg	\$17.50
1041	Naproxen Sodium (Pain Reliever / Fever Reducer)	50 ct	220 mg	\$8.50
1097	Naproxen Sodium (Pain Reliever / Fever Reducer)	100 ct	220 mg	\$11.75
1365	Pain Reliever Plus (Acetaminophen 250mg / Aspirin 250 mg / Caffeine 65 mg)	100 ct	250 mg / 250 mg / 65 mg	\$10.00
1332	Pain Reliever, PM (Acetaminophen, Extra Strength / Diphenhydramine 25 mg)	100 ct	500 mg / 25 mg	\$11.75
2058	Tylenol Extra Strength	100 ct	500 mg	\$16.50
2051	Tylenol Regular Strength	100 ct	325 mg	\$13.75
2036	Urinary Pain Relief Tablets	40 ct	162 mg	\$14.50
<b>Pediculicide (Lice Treatment)</b>				
1269	Lice Treatment Rinse (Permethrin)	59 ml	1%	\$21.00
1271	Lice Treatment Shampoo	4 oz		\$14.50
<b>Skin &amp; Sun Care</b>				
1076	Acne Gel 10% Benzoyl Peroxide	1.5 oz	10%	\$9.25
1070	Aloe Vera Cream	8 oz		\$7.25
1368	Ammonium Lactate Moisturizing Lotion	8 oz	12%	\$14.50
2436	Antibacterial Soap	7.5 oz		\$13.00
2225	Aquaphor Healing Ointment	2.8 oz		\$14.25
2356	Aveeno Daily Moisturizing Body Wash	18 oz		\$24.25
1821	Calamine Skin Protectant Lotion	6 oz		\$9.00
2513	Clearasil Ultra Deep Pore Cleansing Pads	90 ct	2%	\$18.50
2433	Foot Cream	8 oz		\$9.00
1065	Hand Sanitizer	8 oz		\$7.00
1893	Moisturizing Body Lotion with Aloe	8 oz		\$8.75
2056	Oxy Daily Cleansing Pads Maximum	90 ct		\$10.75
1852	Scar Gel	0.7 oz		\$19.75
2359	Stridex Medicated Pads Sensitive	90 ct		\$7.25

# Product Listing

1908	Sunscreen Lotion SPF 30	1.5 oz		\$5.50
1284	Sunscreen Lotion SPF 30	4.0 oz		\$10.00
2434	Sunscreen Lotion SPF 50	7 oz		\$10.00
2435	Sunscreen Spray SPF 50	5.5 oz		\$12.00

## Sleep Aids

2363	Melatonin Quick Dissolve Tablet	90 ct	10 mg	\$9.50
2224	MidNite Sleep Aid	30 ct		\$14.25
1724	Nasal Strips, Medium	30 ct		\$14.25
1725	Nasal Strips, Large	30 ct		\$14.25
2360	Natures Bounty Melatonin Capsule	60 ct	10 mg	\$17.75
2361	Natures Bounty Melatonin Softgel	90 ct	5 mg	\$12.50
2362	Sleep Aid	16 ct	25 mg	\$8.50
1276	Sleep Tablets	50 ct	25 mg	\$8.25

## Supports & Braces

1225	Ankle Support	2 ct		\$12.00
2041	Arm Sling	1 ct		\$15.25
1767	Arthritis Gloves, Small	1 pair		\$29.50
1766	Arthritis Gloves, Medium	1 pair		\$29.50
1765	Arthritis Gloves, Large	1 pair		\$29.50
2011	Arthritis Knee Sleeve, Small	1 ct		\$27.50
2012	Arthritis Knee Sleeve, Medium	1 ct		\$27.50
2013	Arthritis Knee Sleeve, Large	1 ct		\$27.50
2014	Arthritis Knee Sleeve, X-Large	1 ct		\$27.50
1487	Back Support Elastic - 24" to 46"	1 ct		\$25.25
1488	Back Support Elastic with Lumbar	1 ct		\$29.50
2420	Calf Compression Sleeves, Small	1 pair		\$15.00
2421	Calf Compression Sleeves, Medium	1 pair		\$15.00
2422	Calf Compression Sleeves, Large	1 pair		\$15.00
2423	Calf Compression Sleeves, X-Large	1 pair		\$15.00
1770	Carpal Tunnel Brace, Small	1 ct		\$31.50
1769	Carpal Tunnel Brace, Medium	1 ct		\$31.50
1768	Carpal Tunnel Brace, Large	1 ct		\$31.50
1241	Cervical Collar	1 ct		\$9.25

# Product Listing

1398	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$19.75
1399	Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$19.75
1400	Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$19.75
1401	Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$19.75
1406	Compression Knee High Socks, Women's Beige, Small (Shoe Size 4 - 5)	1 pair	8 - 15 mmHg	\$20.75
1407	Compression Knee High Socks, Women's Beige, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$20.75
1408	Compression Knee High Socks, Women's Beige, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$20.75
1409	Compression Knee High Socks, Women's Black, Small (Shoe Size 4 - 5)	1 pair	8 - 15 mmHg	\$19.75
1410	Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$19.75
1411	Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$19.75
1760	Deluxe Criss Cross Back Support, Small - 28" to 32"	1 ct		\$27.50
1759	Deluxe Criss Cross Back Support, Medium - 33" to 37"	1 ct		\$27.50
1758	Deluxe Criss Cross Back Support, Large - 38" to 42"	1 ct		\$27.50
1224	Elbow Support	1 ct		\$17.25
1774	Heel & Elbow Protector, Small	1 ct		\$13.25
1773	Heel & Elbow Protector, Medium	1 ct		\$13.25
1772	Heel & Elbow Protector, Large	1 ct		\$13.25
1775	Heel & Elbow Protector, X-Large	1 ct		\$13.25
1862	Hip Protector, Small	1 ct		\$47.00

# Product Listing

1863	Hip Protector, Medium	1 ct		\$47.00
1864	Hip Protector, Large	1 ct		\$47.00
1865	Hip Protector, X-Large	1 ct		\$54.00
1465	Knee Stabilizer	1 ct		\$25.25
1481	Knee Support, Elastic, Small	1 ct		\$12.00
1482	Knee Support, Elastic, Medium	1 ct		\$12.00
1483	Knee Support, Elastic, Large	1 ct		\$12.00
1484	Knee Support, Elastic, Small with Stays	1 ct		\$20.75
1485	Knee Support, Elastic, Medium with Stays	1 ct		\$20.75
1486	Knee Support, Elastic, Large with Stays	1 ct		\$20.75
1463	Night Wrist Support	1 ct		\$32.75
1897	Protective Arm Sleeve - Small	1 pair		\$23.00
1898	Protective Arm Sleeve - Large	1 pair		\$27.75
1899	Protective Arm Sleeve - X-Large	1 pair		\$31.25
1457	Rib Belt - Female (one size fits most)	1 ct		\$20.75
1456	Rib Belt - Male (one size fits most)	1 ct		\$20.75
2040	Tennis Elbow Support	1 ct		\$14.25
1778	Thumb Brace	1 ct		\$19.75
1918	Wrist Compression - Small	1 ct		\$16.00
1919	Wrist Compression - Medium	1 ct		\$16.00
1920	Wrist Compression - Large	1 ct		\$16.00
1921	Wrist Compression - X-Large	1 ct		\$16.00
1230	Wrist Splint	1 ct		\$23.00
1227	Wrist Support	1 ct		\$13.25

## Vitamins & Minerals

1805	Airborne Immune Support Chewable ‡	32 ct		\$17.50
2233	Beet Root and Cherry Extract Gummy ‡	60 ct		\$10.25
2035	Beta Carotene ‡	100 ct	25,000 IU	\$11.00
1820	Biotin Gummy ‡	60 ct	2,500 mcg	\$17.00
1373	Calcium + Vitamin D3 ‡	60 ct	600 mg / 400 IU	\$9.00
1823	Calcium + Vitamin D3 Gummy ‡	60 ct	250 mg / 500 IU	\$14.25
1291	Calcium ‡	60 ct	600 mg	\$9.25
1945	Calcium Chew, Chocolate ‡	60 ct	500 mg / 1,000 IU	\$13.25

# Product Listing

1420	Centrum Chewable Adult 50+ ‡	60 ct		\$19.75
1825	Chromium Picolinate ‡	100 ct	200 mcg	\$14.25
1827	Cod Liver Oil ‡	110 ct		\$10.00
1828	Coenzyme Q-10 ‡	30 ct	100 mg	\$17.50
1393	Daily Multivitamin ‡	100 ct		\$10.50
1972	Daily Multivitamin Gummy ‡	120 ct		\$14.25
1385	Daily Multivitamin with Minerals ‡	100 ct		\$11.00
1737	DHEA Hormonal Supplement ‡	50 ct	50 mg	\$13.25
1204	Dialy Probiotic‡	30 ct		\$20.75
1417	Ferrous Gluconate (Iron Supplement) ‡	110 ct	27 mg	\$8.75
1376	Ferrous Sulfate (Iron Supplement) ‡	100 ct	325 mg	\$9.50
1741	Fish Oil, Soft Gels ‡	60 ct	1,000 mg	\$8.75
1849	Flaxseed ‡	100 ct	1,000 mg	\$12.00
1850	Folic Acid ‡	100 ct	800 mcg	\$7.25
1114	Glucosamine (Joint Health Support) ‡	60 ct	500 mg	\$12.00
1003	Glucosamine / Chondroitin (Joint Health Support) ‡	60 ct	250 mg / 200 mg	\$14.50
1975	Healthy Eyes with Lutein ‡	60 ct		\$11.75
1206	Herbal Cranberry Supplement ‡	60 ct	250 mg	\$17.50
1866	Immune Support Chewable ‡	50 ct		\$13.25
2236	Iron with Vitamin C Gummy ‡	60 ct		\$13.25
1869	Leg Cramps Pain Relief Caplets ‡	50 ct		\$16.00
1870	Leg Cramps Pain Relief Caplets ‡	100 ct		\$18.50
1418	Magnesium ‡	110 ct	250 mg	\$7.75
2232	Magnesium Citrate Gummy ‡	90 ct		\$10.25
1879	Melatonin ‡	100 ct	5 mg	\$13.25
1971	Melatonin Gummy ‡	120 ct	2.5 mg	\$16.50
2091	Natural Biotin ‡	60 ct	5,000 mcg	\$15.25
2092	Natural Coenzyme Q-10 ‡	45 ct	100 mg	\$22.75
2089	Natural Magnesium ‡	60 ct	482 mg	\$13.25
2094	Natural Melatonin ‡	60 ct	5 mg	\$13.25
2082	Natural Vitamin B-12 ‡	60 ct	500 mcg	\$11.00
2083	Natural Vitamin B-12, Sublingual ‡	60 ct	5,000 mcg	\$21.75
2079	Natural Vitamin B-Complex ‡	100 ct		\$11.00

# Product Listing

2084	Natural Vitamin C ‡	100 ct	1,000 mg	\$15.25
2085	Natural Vitamin C with Rose Hips ‡	60 ct	1,500 mg	\$18.25
2077	Natural Vitamin D3 ‡	100 ct	1,000 IU	\$13.25
2078	Natural Vitamin D3 ‡	60 ct	5,000 IU	\$13.25
2086	Natural Vitamin E, Softgels ‡	90 ct	400 IU	\$13.25
2087	Natural Vitamin E, Softgels ‡	30 ct	1,000 IU	\$16.00
2090	Natural Zinc ‡	100 ct	50 mg	\$11.00
2505	Neuriva Brain Performance Supplement ‡	30 ct		\$45.00
1394	Niacin ‡	100 ct	500 mg	\$13.25
1930	Niacin, No Flush ‡	60 ct	500 mg	\$14.50
1886	One Daily Men's Multivitamin ‡	100 ct		\$11.00
1887	One Daily Women's Multivitamin ‡	100 ct		\$11.00
2162	Osteo Bi Flex Triple Strength ‡	80 ct		\$38.25
1977	Potassium Gluconate ‡	100 ct	595 mg	\$7.75
1210	Saw Palmetto Herbal ‡	60 ct	560 mg	\$18.50
1392	Senior Multivitamin ‡	90 ct		\$12.00
1734	Stress Formula Tablets with Zinc ‡	60 ct		\$11.50
2234	Turmeric with Ginger and Black Pepper Gummy ‡	60 ct		\$14.50
1735	Vitafusion Fiber Weight Management ‡	90 ct		\$23.00
1379	Vitamin A ‡	100 ct	10,000 IU	\$8.75
1016	Vitamin B-1 ‡	100 ct	100 mg	\$10.00
1381	Vitamin B-12 ‡	100 ct	1,000 mcg	\$14.50
1389	Vitamin B-12 ‡	100 ct	500 mcg	\$7.50
1974	Vitamin B-12, Sublingual ‡	30 ct	5,000 mcg	\$12.75
1388	Vitamin B-6 ‡	100 ct	100 mg	\$10.00
1382	Vitamin B-Complex ‡	100 ct		\$9.75
1915	Vitamin B-Complex Gummy ‡	70 ct		\$14.25
1017	Vitamin C ‡	100 ct	500 mg	\$9.50
1706	Vitamin C ‡	110 ct	1,000 mg	\$12.00
1916	Vitamin C Gummy ‡	60 ct	125 mg	\$13.25
1390	Vitamin D3 ‡	100 ct	1,000 IU	\$9.75

# Product Listing

1973	Vitamin D3 ‡	100 ct	5,000 IU	\$12.75
1978	Vitamin D3 Gummy ‡	120 ct	1,000 IU	\$16.50
1384	Vitamin E, Soft Gels ‡	110 ct	400 IU	\$11.00
1419	Zinc Chelated ‡	110 ct	50 mg	\$7.75
<b>Wart Remover</b>				
1288	Dr. Scholl's Wart Removal System	24 ct	40%	\$16.50
1075	Wart Remover, Liquid	9 ml	17%	\$11.00

\* Part B/D - Under certain circumstances some items may be covered under either Part B or Part D. When you are eligible to receive these items under Part B or Part D you may not purchase these items through your Part C supplemental OTC benefit. For your convenience, we've marked these items with an (\*).

Parte B/D: en determinadas circunstancias, algunos artículos pueden estar cubiertos por la Parte B o la Parte D. Cuando es elegible para recibir estos artículos en virtud de la Parte B o la Parte D, no puede comprar estos artículos a través de su beneficio suplementario de OTC de la Parte C. Para su comodidad, hemos marcado estos artículos con un (\*).

B/D 部分 - 在某些情況下，某些物品可能包含在B 部分或 D 部分。當您有資格根據 B 部分或 D 部分接收這些物品時，您不能透過 C 部分補充 OTC 福利購買這些物品。為了您的方便起見，我們用 (\*) 標記了這些物品。

‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.

Los artículos de doble propósito son medicamentos y productos que se pueden utilizar para una afección médica o para la salud y el bienestar general. Para comprar estos artículos en virtud de su plan, su médico personal debe recomendarlos para una afección diagnosticada específica. Hable con su médico antes de pedir estos artículos.

兩用物品是指可用於醫療狀況或一般健康和福祉的藥品和產品。要根據您的計劃購買這些物品，您的私人醫生必須針對特定的診斷狀況 向您推薦它們。在訂購這些物品之前，請諮詢您的醫生。

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# ORDER FORM



## STEP 1 - COMPLETE YOUR INFORMATION BELOW

Healthy Extras Card

Member ID

Date of Birth (mm/dd/yy)

First Name

Last Name and Suffix

MI

Street Number

Street Name

Apt/Suite #

City

State

Zip Code

Email\* (Optional)

Daytime Phone

\*By providing your email address/mobile phone number to us, you consent that we may send communications to you via email/text. Mobile service provider's message and data rates may apply.

Mobile Phone\* (Optional)

## STEP 2 - PAYMENT INFORMATION (IF APPLICABLE)

For orders that exceed your benefit amount, you may use MasterCard, Visa, Discover or American Express to pay the difference or purchase additional items. Sales tax for these items will apply.

Credit or Debit Card # \_\_\_\_\_

Expiration Date (MM/YY) \_\_\_\_\_

Cardholder First Name \_\_\_\_\_ Cardholder Last Name \_\_\_\_\_

**Please mail this completed form to the following address:  
OTC Servicing Center, PO Box 526266, Miami, FL 33152-9819**

**If you place your order using an order form, your order total will be applied to the month in which we receive your form. For example, if you mail your order form on June 29, but we receive it on July 1, your order total will be applied to your July benefit, not your June benefit.**



## STEP 3 - PRODUCT SELECTION

Item #	Product	Quantity	Unit Price	TOTAL
3	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
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6	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
7	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
8	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
9	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
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12	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
13	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
14	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
15	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
16	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
17	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
18	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
<b>Sale Tax</b>				\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
<b>Total</b>				\$ <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>

*Items ordered as part of this benefit may be subject to sales tax. If applicable, sales tax will be applied and paid for from your benefit provided by your plan. A representative may contact you in the event there are questions on this form.*

**Please mail the completed form back in the postage-paid envelope provided.**

**If you place your order using an order form, your order total will be applied to the month in which we receive your form. For example, if you mail your order form on June 29th, but we receive it on July 1st, your order total will be applied to your July benefit, not your June benefit.**



## State Tax Rates

The state tax rates listed below include the local and municipal tax rates, if applicable. These rates are provided as a guide to help place your OTC order using this order form. Tax rates may vary and we may need to contact you directly if there is any question related to this order form. Final order total, to include applicable sales tax will be included in your order packing slip.

State	Combined Rate	State	Combined Rate
Alaska	7.85%	Mississippi	8.00%
Alabama	12.50%	Montana	0.00%
Arkansas	12.63%	North Carolina	7.50%
Arizona	12.90%	North Dakota	8.50%
California	10.75%	Nebraska	8.00%
Colorado	11.20%	New Hampshire	0.00%
Connecticut	6.35%	New Jersey	8.63%
D.C.	6.00%	New Mexico	9.44%
Delaware	0.00%	Nevada	8.38%
Florida	7.50%	New York	8.88%
Georgia	8.90%	Ohio	8.50%
Hawaii	4.50%	Oklahoma	11.50%
Iowa	7.00%	Oregon	0.00%
Idaho	9.00%	Pennsylvania	8.00%
Illinois	11.50%	Rhode Island	7.00%
Indiana	7.00%	South Carolina	9.00%
Kansas	11.60%	South Dakota	7.50%
Kentucky	6.00%	Tennessee	9.75%
Louisiana	12.95%	Texas	8.25%
Massachusetts	6.25%	Utah	9.05%
Maryland	6.00%	Virginia	7.00%
Maine	5.50%	Vermont	7.00%
Michigan	6.00%	Washington	10.50%
Minnesota	8.88%	Wisconsin	6.75%
Missouri	11.99%	West Virginia	7.00%
		Wyoming	8.00%









Any questions? Check your  
online account anytime at:  
**[vnshealthplans.org/account](https://vnshealthplans.org/account)**  
or call your Care Team at:  
**1-866-783-1444 (TTY: 711)**

October 1, 2024 – March 31, 2025  
7 days a week, 8 am – 8 pm

April 1, 2025 – September 30, 2025  
Weekdays, 8 am – 8 pm